

Children's Handwashing Rules

(Effective 8-25-10)

Children's hands shall be washed with liquid soap and warm running water as follows:

- Immediately upon arrival for care
- When moving from one child care group to another
- Upon re-entering the child care area after outside play



Before and after:

- eating meals and snacks
- handling or touching food
- playing in water



After:

- toileting and diapering
- playing in sand
- touching animals or pets
- contact with bodily fluids such as, but not limited to, mucus, saliva, vomit or blood
- contamination by any other means



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Staff Handwashing Rules

(Effective 8-25-10)

Personnel shall wash their hands with liquid soap and warm running water as follows:

- Immediately upon arrival for the day
- When moving from one child care group to another
- Upon re-entering the child care area after outside play



Before and after:

- diapering each child
- dispensing medication
- applying topical medications, ointments, creams or lotions
- handling and preparing food
- eating, drinking
- preparing bottles, feeding each child
- assisting children with eating and drinking



After:

- toileting or assisting children with toileting
- using tobacco products
- handling garbage and organic waste
- touching animals or pets
- handling bodily fluids such as, but not limited to, mucus, saliva, vomit or blood
- contamination by any other means



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1 Wet Hands



2 Soap Hands
(20 seconds)

HAND WASHING STEPS



6 Turn off taps
with towel



3 Scrub backs
of hands,
wrists,
between
fingers,
under
fingernails



5 Towel dry



4 Rinse

Proper Hand Washing is Essential for Good Health!