


FLORIDA ASSOCIATION FOR INFANT MENTAL HEALTH

What is Infant Mental Health Endorsement®?

for Culturally Sensitive, Relationship-Focused Practice Promoting Infant and Early Childhood Mental Health®



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Florida Association for Infant Mental Health

Our Vision
One day all children will be emotionally healthy, equipped to learn, and nurtured to develop their full potential.

Our Mission
Supporting and strengthening an infant mental health workforce to better serve the young children and families of Florida.





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Chapters

FLORIDA ASSOCIATION FOR INFANT MENTAL HEALTH

12 Chapters




SUPPORT & CONNECTION WITHIN YOUR COMMUNITY

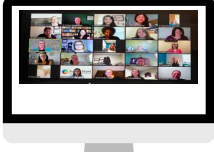

1. Emerald Coast
2. Central Area
3. North Central Florida
4. North Florida
5. Northwest Central Florida
6. Central Florida
7. Middle and South
8. Southcentral Florida
9. Southwestern Florida
10. South West Florida
11. Broward County
12. Miami-Dade County

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What WE Do: Training Academy




FAIMH's Training Academy offers content relevant to various disciplines and education levels to prepare professionals to earn the FI Infant Mental Health Endorsement.



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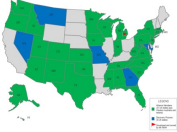
What We Do: ENDORSEMENT



Alliance for the Advancement of Infant Mental Health

FAIMH holds exclusive rights to the Endorsement for Culturally Relevant, Relationship-Focused Practice Promoting Infant and Early Childhood Mental Health® in the state of Florida.

The Alliance for the Advancement of Infant Mental Health® is a global organization that includes associations for infant mental health who offer the credential: Endorsement for Culturally Sensitive, Relationship-Focused Practice Promoting Infant & Early Childhood Mental Health®.



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Question: How are you feeling today?



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Infant Mental Health

The developing capacity of the young child (birth-five) to:

- Experience, express and regulate emotions
- Form close and secure relationships
- Explore the environment and learn

In the context of family, community & culture



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Infant Mental Health



“There is no such thing as a baby”
(D.W. Winnicott)




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Relationship Based Practice

Is a way of working collaboratively with families to promote child development by focusing on the relationships

- Relationships are central to all interventions
- EVERY aspect of a child's develop is embedded in relationships



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Infant Mental Health Professionals



- Early learning professionals
- Home visitors
- Case management
- Therapists
- Psychologists/Psychiatrists
- Early intervention providers
- Prenatal and women's health care providers
- Pediatricians and nurses
- Community health practitioners
- Program administrators
- **YOU!**



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JOURNEY TO ENDORSEMENT



Join us on the Journey!



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Alliance for the Advancement of IMH

A global organization that includes 34 IMH States and 2 International Countries have licensed the use of the Competency Guidelines and Endorsement





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What is Endorsement®?

*Examines the ways of **Knowing, Doing, Being***

Endorsement® verifies that an applicant has:


- ✓ Attained a level of **education** as specified
- ✓ Participated in specialized in-service **trainings**
- ✓ Worked to deliver high quality, culturally sensitive, **relationship-focused services**
- ✓ Received guidance from qualified **reflective supervisors/consultants**

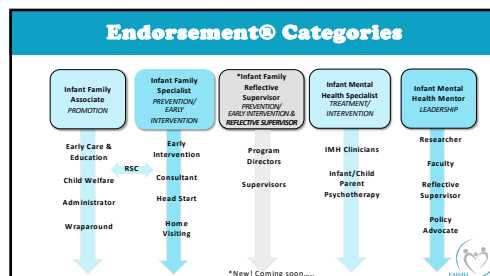
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Why Earn Endorsement®?

- Enhances **YOUR professional credibility** and **YOUR confidence**
- Gain **recognition** and belong to a **network**
- Ensures professionals are **equipped with culturally responsive and reflective skills**
- Provides **assurance** that professionals **meets high standards of care.**
- **Informs** professional development and career planning



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Endorsement® Categories Comparison					
Scope of Work	Infant Family Intervention (IFI) (P) (R) (S) (T) (U) (V) (W) (X) (Y) (Z)	Infant Family Intervention (IFI) (P) (R) (S) (T) (U) (V) (W) (X) (Y) (Z)	Infant Family Reflective Supervision/Consultation (IFRS) (P) (R) (S) (T) (U) (V) (W) (X) (Y) (Z)	Infant Mental Health (IMH) (P) (R) (S) (T) (U) (V) (W) (X) (Y) (Z)	IMH Clinical & Practice (IMH) (P) (R) (S) (T) (U) (V) (W) (X) (Y) (Z)
Education	No degree	No degree	No degree	Masters or Post-Graduate	Masters, Post-Graduate
Work Experience	2 yrs. in infant/family field	2 yrs. in infant/family field	2 yrs. in infant/family field Provider of RSC for 1 year	2 yrs. post-masters IMH practice	3 years as IMH practice leader
Training	30 hours	30 hours	30 hours	30 hours	48 hours
Reflective Supervision/Consultation (RSC)	Recommended, not required	24 hours	24 hours Received 12 hours Provided	50 hours Received	Clinical: 50 hours Received and 25 hours Provided
Exam	No	No	No	Yes	Yes

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Competency Guidelines®

Provide a foundation for knowledge, skills & best practices


Shared standards across disciplines and service delivery systems

A map that can show you where you have been so you know where you still need to go

Invite dialogue for collaborative practice, training, evaluation, and professional growth

Promote systems growth and change


Lay the foundation for Endorsement®



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Reflective Supervision/Consultation (RSC)

- RSC is a relationship-based supervisory approach where an IMH explores their thoughts and feelings about their work with a qualified RSC Supervisor.
- RSC offers professionals the experiences of being heard, validated, and affirmed.
- RSC is distinct from administrative and clinical supervision
- Focus on all of the relationships involved in services (Parallel Process)



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Next Steps

- ✓ Become familiar with the Competency Guidelines®
- ✓ Consider which Endorsement ® Category fits you best
- ✓ Prepare your Resume
- ✓ Gather your trainings related to IMH



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Early Head Start Spotlight




Cecilia Nariznis, LMHC, NCC, IMH-E®
Early Head Start Mental Health Manager




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Questions?

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GET ENDORSED
Endorsement is a journey, not a race!



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