

EARLY CHILDHOOD HEALTH AND WELLNESS RESOURCES

EVENTS

- *Lead in Consumer Products Webinar*. August 4, 8-8:30 PM Eastern.
<https://info.childcareaware.org/lead-safe-toolkit-for-home-based-child-care-series-lead-in-consumer-products>
- *Heart-Centered Leadership: Create an Inspiring Work Environment with a People-Centric, Nature-Based Approach*. August 12, 2-3:30 PM Eastern.
<https://www.earlychildhoodwebinars.com/webinars/heart-centered-leadership-create-an-inspiring-work-environment-with-a-people-centric-nature-based-approach-by-tina-reeble-and-heather-fox>
- *Creating Inclusive Classrooms that Support All Children*. August 25, 3-4 PM Eastern.
<https://eclkc.ohs.acf.hhs.gov/event/education-manager-series-creating-inclusive-classrooms-support-all-children>
- *Engaging with Families in Conversations About Sensitive Topics*. August 27, 3-4:45 PM Eastern.
<https://eclkc.ohs.acf.hhs.gov/event/engaging-families-conversations-about-sensitive-topics>

WARNING

- *FDA Updates on Hand Sanitizers with Methanol* (English and Spanish)
<https://www.fda.gov/drugs/drug-safety-and-availability/fda-updates-hand-sanitizers-methanol>

NEWS

- *School-Based Vision Screening IDs Issues in 10.7 Percent of Children*
<https://www.physiciansbriefing.com/ophthalmology-13/eye-and-vision-problem-news-295/school-based-vision-screening-ids-issues-in-10-7-percent-of-children-759526.html>
- *Outdoor Classrooms Could Improve Student Mental Health*
<https://exclusive.multibriefs.com/content/outdoor-classrooms-could-improve-student-mental-health/education>
- *U.S. Infant Mortality Rate Hits All-Time Low, CDC Reports*
https://www.upi.com/Health_News/2020/07/16/US-infant-mortality-rate-hits-all-time-low-CDC-reports/8081594905861/
- *No Added Sugar for Babies, US Advisory Panel Recommends, As It Launches Early Feeding Advice*
<https://edition.cnn.com/2020/07/15/health/dietary-advisory-guidelines-infants-wellness/>
- *Few Pediatricians Putting Peanut Allergy Guidelines into Practice*
<https://www.physiciansbriefing.com/pediatrics-15/food-allergy-news-16/few-pediatricians-putting-peanut-allergy-guidelines-into-practice-759521.html>
- *5 Top Takeaways from the Conversation: "How to Safely Reopen American Playgrounds"*
<http://earlylearningnation.com/2020/07/5-top-takeaways-from-the-conversation-how-to-safely-reopen-american-playgrounds/>
- *Report: Deck Stacked Against Young Children of Color, but Leaders Can 'Seize This Moment' to Improve Equity* (see Start with Equity report under Health Equity, Inclusion, Cultural and Linguistic Responsiveness below)
<https://www.the74million.org/article/report-deck-stacked-against-young-children-of-color-but-leaders-can-seize-this-moment-to-improve-equity/>
- *How Many Teachers Are at Risk of Serious Illness If Infected with Coronavirus?*
<https://www.kff.org/coronavirus-covid-19/issue-brief/how-many-teachers-are-at-risk-of-serious-illness-if-infected-with-coronavirus/>

August 2020

health@ecetta.info

888-227-5125

School Readiness Begins with Health

CFOC Updates

The National Resource Center for Health and Safety in Child Care and Early Education announced recent updates/revisions to several standards and appendices in the *Caring for Our Children (CFOC)* Online Database. <https://nrkids.org/CFOC>

| Standard | Name |
|-----------------------------|--|
| 3.4.3.2 | Use of Fire Extinguishers |
| 3.4.3.3 | Response to Fire and Burns |
| 3.5.0.2 | Caring For Children Who Require Medical Procedures |
| 4.2.0.4 | Categories of Food |
| 4.3.1.3 | Preparing, Feeding, and Storing Human Milk |
| 4.3.1.4 | Feeding Human Milk to Another Mother's Child |
| 6.3.1.1 | Enclosures Swimming Pools |
| 6.3.1.3 | Sensors or Remote Monitors |
| 6.3.1.7 | Pool Safety Rules |
| 6.3.2.3 | Pool Equipment and Chemical Storage Rooms |
| 9.2.4.3 | Disaster Planning, Training, Communication |
| Appendix | Name |
| Appendix G | Recommended Immunization Schedule for Children and Adolescents Aged 18 Years and Younger |
| Appendix H | Recommended Adult Immunization Schedule |
| Appendix I | Recommendations for Preventive Pediatric Health Care |
| Appendix NN | First Aid and Emergency Supply Lists |

RESOURCES

Children with Special Health Care Needs

- *Fragile X Syndrome*
<https://www.cdc.gov/ncbddd/fxs/index.html>
- *Food Allergen Avoidance Lists*
<https://www.kidswithfoodallergies.org/top-food-allergens.aspx>
- *Acute Flaccid Myelitis*
<https://www.cdc.gov/acute-flaccid-myelitis>

Community Health and Data

- *Measuring Household Experiences during the Coronavirus (COVID-19) Pandemic*
<https://www.census.gov/householdpulsedata>
- *Head Start in the COVID-19 Era*
https://www.nhsa.org/files/brief-head_start_and_covid19_1.pdf

Emergency Preparedness, Response, and Recovery

- *A Guide to Building Healthy and Safe Early Childhood Facilities After a Natural Disaster*
<https://eclkc.ohs.acf.hhs.gov/publication/guide-building-healthy-safe-early-childhood-facilities-after-natural-disaster>

August 2020

health@ecetta.info

888-227-5125

School Readiness Begins with Health



NATIONAL CENTER ON

Early Childhood Health and Wellness

- *Pandemic Preparedness*
<https://www.ready.gov/pandemic>
- *Ready Wrigley* series including, but not limited to *Hurricanes* and *Flu Season* (English and Spanish)
<https://www.cdc.gov/cpr/readywrigley/books.htm>
- *Food and Nutrition Service (FNS) Disaster Assistance Resources*
<https://www.fns.usda.gov/disaster/disaster-assistance>

Environmental Health

- *The American Society of Heating, Refrigerating and Air-Conditioning Engineers COVID-19 Preparedness Resources*
<https://www.ashrae.org/technical-resources/resources>
- *Limiting [Pesticides] Exposure Around Families (LEAF) curriculum* (English, Creole, Burmese, and Spanish)
<https://afop.org/health-safety/pesticide-safety/take-home-exposures/>
- *Success Stories in Environmental Health* (English and Spanish)
<https://www.cdc.gov/nceh/features/sharingsuccessstories/index.html>
- *Risk Reduction Strategies for Reopening Schools*
<https://schools.forhealth.org/wp-content/uploads/sites/19/2020/06/Harvard-Healthy-Buildings-Program-Schools-For-Health-Reopening-Covid19-June2020.pdf>

Health Equity, Inclusion, Cultural and Linguistic Responsiveness

- *Four Steps to Address Racism's Impact on Maternal and Child Health*
<https://www.nichq.org/insight/four-steps-address-racisms-impact-maternal-and-child-health>
- *Start with Equity: From the Early Years to the Early Grades*
<https://childandfamilysuccess.asu.edu/cep/start-with-equity>
- *Using Good Communication Skills in Public Health Education and Promotion to Overcome Community Language Barriers* (video)
<https://youtu.be/-hbfcBSGFmM>
- *Resources on Health Equity in the Context of COVID-19 and Disproportionate Outcomes for Marginalized Groups*
<https://nam.edu/programs/culture-of-health/resources-on-health-equity-in-the-context-of-covid-19-and-disproportionate-outcomes-for-marginalized-groups/>

Health Literacy/Family Education, Engagement, and Health

- *Helping Families Cope with COVID-19* (English, Creole, and Spanish)
<http://www.fsustress.org/COVID-19.html>
- *A Parent's Guide: Helping Your Child Wear a Mask*
<https://rwjms.rutgers.edu/boggscenter/Links/documents/ParentGuide-HelpingYourChildWearaFaceMask-F.pdf>
- *Keep Calm, Stay Wise & Be Kind Action Calendar for Families*
<https://www.actionforhappiness.org/calendar-for-families>
- *How to Talk to the Doctor* (English and Spanish)
<https://www.cdc.gov/ncbddd/actearly/pdf/How-Talk-Doctor-English-Spanish-P.pdf>
- *10 Tips: Be an Active Family* (English and Spanish)
<https://www.choosemyplate.gov/ten-tips-be-an-active-family>

August 2020

health@ecetta.info

888-227-5125

School Readiness Begins with Health



Managing Health Services

- *Guidance for Cleaning and Disinfecting* (English, Spanish, Chinese, Vietnamese, and Korean)
<https://www.cdc.gov/coronavirus/2019-ncov/community/cleaning-disinfecting-decision-tool.html>
- *Health and Safety Checklists*
<https://cchp.ucsf.edu/content/forms>
- *2020 Recommendations for Preventive Pediatric Health Care* (Bright Futures periodicity schedule)
https://downloads.aap.org/AAP/PDF/periodicity_schedule.pdf
- *Recommended Child and Adolescent Immunization Schedule for ages 18 years or younger, United States, 2020*
<https://www.cdc.gov/vaccines/schedules/hcp/imz/child-adolescent.html>

Mental Health and Wellness/Social-Emotional Development

- *Helping Kids Face the Challenges of Reopening* (English and Spanish)
<https://childmind.org/article/helping-kids-face-the-challenges-of-reopening/>
- *Managing Anxiety During Reopening* (English and Spanish)
<https://childmind.org/article/managing-anxiety-during-reopening/>
- *Supporting Social and Emotional Well-Being* (English and Spanish)
<https://eclkc.ohs.acf.hhs.gov/mental-health/article/supporting-social-emotional-well-being>
- *Wearing Masks/Usanda Mascaras* social story
https://challengingbehavior.cbcs.usf.edu/docs/Wearing-Masks_Story.pdf (English)
https://challengingbehavior.cbcs.usf.edu/docs/Wearing-Masks_Story_SP.pdf (Spanish)

New and Expectant Families

- *If You Are Pregnant, Breastfeeding, or Caring for Young Children*
<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/pregnancy-breastfeeding.html>
- *Considerations for Developmental Needs of Infants and Toddlers in Child Care Programs During the COVID-19 Pandemic*
<https://www.zerotothree.org/resources/3531-considerations-for-developmental-needs-of-infants-and-toddlers-in-child-care-programs-during-the-covid-19-pandemic>
- *National Breastfeeding Month Social Media Toolkit*
<https://www.nichq.org/resource/national-breastfeeding-month-social-media-toolkit>

Nutrition

- *Feeding Infants and Children from Birth to 24 Months: Summarizing Existing Guidance*
<https://www.nap.edu/catalog/25747/feeding-infants-and-children-from-birth-to-24-months-summarizing>
- *Scientific Report of the 2020 Dietary Guidelines Advisory Committee*
<https://www.dietaryguidelines.gov/2020-advisory-committee-report>
- *Healthy Eating On a Budget*
<https://www.choosemyplate.gov/eathealthy/budget>

Oral Health

- *Community Water Fluoridation*
<https://eclkc.ohs.acf.hhs.gov/publication/community-water-fluoridation>
- *Understanding the Dental Periodicity Schedule and Oral Exam: A Guide for Head Start Staff*
<https://eclkc.ohs.acf.hhs.gov/publication/understanding-dental-periodicity-schedule-oral-exam-guide-head-start-staff>

August 2020

health@ecetta.info

888-227-5125

School Readiness Begins with Health



Physical Activity

- *Choosy Kids Do It Together Activities*
<https://choosykids.com/pages/diy-2019>
- *Green Schoolyards America*
<https://www.greenschoolyards.org/>
- *Outdoor Spaces as Essential Assets for School Districts' COVID-19 Response* archived webinar
<https://youtu.be/tuMribQihTs>

Physical Health and Wellness

- *Symptoms and Diagnosis of Hand, Foot, and Mouth Disease* (English and Spanish)
<https://www.cdc.gov/hand-foot-mouth/about/signs-symptoms.html>
- *Factors Associated with Cloth Face Covering Use Among Adults During the COVID-19 Pandemic*
https://www.cdc.gov/mmwr/volumes/69/wr/mm6928e3.htm?s_cid=mm6928e3_e&deliveryName=USCDC_921-DM33056

Professional Development

- *Measles – Maintaining Disease Elimination and Enhancing Vaccine Confidence*
<https://www.cdc.gov/grand-rounds/pp/2020/20200218-measles-elimination-vaccine.html>
- *Maternal Immunization: Current Status and Future Directions*
<https://www.cdc.gov/grand-rounds/pp/2019/20190918-maternal-immunization.html>
- *The Roots of Health Inequity*
<https://members.rootsofhealthinequity.org/>
- *CACFP Trainers' Circle*
<https://www.cacfp.org/resources/learning-center/trainerscircle/>

Safety and Injury Prevention

- *Emerging Hazards*
<https://aapcc.org/Track-Emerging-Hazards>
- *Framework for Quality Improvement and Innovation in Child Safety: A Guide to Implementing Injury and Violence Prevention Strategies and Programs*
<https://www.childrensafetynetwork.org/resources/framework-quality-improvement-innovation-child-safety-guide-implementing-injury-violence>

Staff Health and Wellness

- *Altruistic August 2020* (Arabic, Chinese, Danish, Dutch, English, French, German, Italian, Japanese, Lithuanian, Polish, Portuguese, and Spanish)
<https://www.actionforhappiness.org/altruistic-august>
- *Learn the Eight Dimensions of Wellness* free poster
<https://store.samhsa.gov/product/Learn-the-Eight-Dimensions-of-Wellness-Poster-/SMA16-4953>
- *Recommended Adult Immunization Schedule for ages 19 years or older, United States, 2020*
<https://www.cdc.gov/vaccines/schedules/hcp/imz/adult.html>

August 2020

health@ecetta.info

888-227-5125

School Readiness Begins with Health

FUNDING OPPORTUNITIES

- *Cigna Foundation Healthier Kids for Our FutureSM* Food Insecurity Grant is looking for programs that bracket or augment in-school efforts in the following areas: community-based programs that support children and families' access to healthy meals and nutritional education outside the school setting, on weekends and during the summer, food and nutritional programs that provide support for expecting mothers and caregivers, support for programs that address the needs of pre-school children, health provider/clinician efforts that provide nutritional education to patients and/or food as prescription programming, and school-based programs that enhance or augment state and/or federal assistance efforts. Applications should be submitted no later than September 30, 2020 by 5 p.m. EST. <https://www.cybergrants.com/cigna/healthierkidsforourfuture/>
- *Healthy Tomorrows Partnership for Children Program (HTPCP)* supports innovative, community-based initiatives to improve the health status of infants, children, adolescents, and families in rural and other underserved communities by increasing their access to preventive care and services. Recipients will implement community-based programs and evidence-based models of care that build on existing community resources and evaluate to demonstrate program impact. Up to \$50,000 per year for five years subject to the availability of appropriated funds. Deadline: October 6, 2020. <https://www.hrsa.gov/grants/find-funding/hrsa-21-031>
- *GameTime CaresTM Customer Assistance Program* is helping bring play to more children and families by providing playground grant funds toward the purchase of new play systems. For a limited time, GameTime is offering up to 100% matching funds on eligible play systems. Grant funds are offered on a first-come, first-served basis. The application deadline is October 30, 2020. <https://www.gametime.com/playground-grant>
- *Annie's Grants for Gardens* offers grants to school gardens for educational programs that connect children directly to gardening. The school garden must be an edible school garden (growing fruits, vegetables, herbs, grains, etc.). Schools can purchase any equipment appropriate for the garden with the grant funds, such as plants, seeds, raised beds, fencing, wheelbarrows, greenhouses, and drip irrigation systems. Awarded schools will receive \$5000. The 2020 application window will be open in July and end in November. <https://www.annies.com/grants-for-gardens/>
- *American Academy of Dermatology (AAD) Shade Structure Grant Program* awards grants of up to \$8,000 to public schools and non-profit organizations for installing permanent shade structures for outdoor locations that are not protected from the sun, such as playgrounds, pools, or recreation spaces. The application will be available from October 1 - December 31. <https://www.aad.org/public/public-health/shade-structure-grants>
- *The Rite Aid Foundation* is offering funding to nonprofit organizations that focus on health and wellness in the communities in which Rite Aid operates. The Foundation accepts proposals throughout the year and the submission deadlines for our quarterly board meetings are as follows: July 15, October 15, January 15 and April 15. <https://www.riteaid.com/about-us/rite-aid-foundation>
- *Costco Wholesale's* primary charitable efforts specifically focus on programs supporting children, education, and health and human services in the communities where we do business. Award amount vary. Deadline: Rolling. <https://forms.benevity.org/eb5f89d4-4631-4c20-8681-0186712671a0>

August 2020

health@ecetta.info

888-227-5125

School Readiness Begins with Health