



Head Start Regional TTA Network

Register Now



Region IV Head Start T/TA Network is proud to present

Mental Health First Aid Certification Training

Mental Health First Aid is a **1-day event via Onsite or Virtual**. Mental Health First Aid teaches you to identify, understand and respond to signs of mental illness and substance use disorders and help connect individuals to the appropriate care. The course teaches a 5-step action plan encompassing the skills, resources, and knowledge to help an individual in crisis connect with appropriate professional, peer, and self-help care. In addition, the course teaches the unique risk factors and warning signs of mental health problems, builds understanding of the importance of early intervention, and, most importantly, teaches individuals how to help someone in crisis or with a mental illness. It also offers expanded content on trauma, addiction, and self-care.

There is a TWO-HOUR pre-course session required to attend this certification training.

*****You only need to register for 1 day via Onsite or Virtual*****

Targeted Audience:

Head Start/Early Head Start Directors, Disabilities/Mental Health Coordinators, Health Coordinators, Family Service Managers/Coordinators, Family Service Workers/Family Advocates, Education Managers/Directors/Specialists

Date & Time:

February 7th, 8th, or 9th 2023*

9:00 am – 3:00 pm (EST) / 8:00 am – 2:00 pm (CST)

Location:

Onsite Option: Hilton Garden Inn

406 Sigma Dr., Summerville, SC 29486

Hotel Link: Sent at a later date

Virtual Option: ZOOM link for the designated date of training will be sent later.

TTA Contact Name and Email:

LaQuinta Broyles, LMSW

laquinta.broyles@icf.com

Registration Link:

[Click Here to Register for MHFA Certification Training](#)

Registration Deadline: Monday, January 16, 2023

Registration will be 1st come, 1st served

Important: Each participant must register individually for this event.

Only one day needs to be selected.

Each participant must specify on their registration which date they plan to attend and whether they will be attending in person or virtually.

***Please select 1 date ONLY**

(If your selected date is not available, you will be automatically moved to the next open date/slot)

Training instructions and invites will be emailed directly from your MHFA instructor.