

Miami- Dade County

Head Start & Early Head Start



Miami-Dade continues to provide food for families.



Children extending their learning at home. Engaging with their teachers, and staying active with YOGA!



Head Start English

At-Home Activities for Children Ages 3-5 Years



<p>"Let's Talk" Language & Communication Activities</p>	<p>Hide kitchen or other safe household items around the house. Show the child a picture of each item and say the name of the items. Give short, simple directions for the child to find the items.</p>	<p>Take a moment and reflect with your child</p> <p>Why is the sky blue?</p> <p>Write or draw the ideas that you and your child think of</p>	<p>Watch and sing Boom Chicka Boom together</p> <p>https://youtu.be/F2XVF7ze18E</p>	<p>Watch and Listen to Hey Little Ant</p> <p>https://youtu.be/ehH616v5sYM</p> <p>Ask your child, how are ants and children the same? Ask how are they different?</p>	<p>Spend some time talking to your child. Encourage them to retell their favorite story. As they tell the story label the beginning, the middle and the end of the story.</p>
<p>"Body Works" Physical Development Activities</p>	<p>This is a great time to teach your child the proper steps of washing hands.</p> <p>Watch and practice together</p> <p>https://youtu.be/6a6iFou8nW0</p>	<p>Go outside with your child.</p> <p>Walk 10 steps, hop 10 times, run 10 paces, and skip 10 steps. Think of other ways to move.</p>	<p>Watch and complete the exercises on this YouTube channel</p> <p>https://youtu.be/3_oissULEk0</p>	<p>Talk about how the ant works so tirelessly -</p> <p>Play music and ask your child to move like an ant. What other insects can you imitate and move to the music?</p>	<p>Watch and complete the exercises on this YouTube channel</p> <p>https://youtu.be/388Q44ReOWE</p>
<p>"Friends & Feelings" Social & Emotional Development Activities</p>	<p>Play emotion bingo with your child. Print the one below or use it to draw your own.</p> <p>https://cdn.cipart.com/7a5a46602973cbe862c7c91834fba_hhnc-cards-family-members-goods-search-sunbeam-lesson-21-632-482_image_XedCC01e10.jpg</p>	<p>Take 10 minutes to play the emotions bingo game again.</p> <p>Ask your child to role play each emotion.</p>	<p>Use different colors to make a rainbow with your child. Touch each color and talk about how humans have different emotions and feelings.</p>	<p>Use a paper plate and marker to make emotion masks. Talk about which emotion they are feeling today and why.</p>	<p>Discuss if animal feelings?</p> <p>Ask how it</p>
<p>"Brain Works" Cognitive Development Activities</p>	<p>Measure items in your house. Determine if items are longer/shorter, taller/shorter or bigger/smaller than others.</p> <p>If you have puzzles, encourage your child to complete the puzzles.</p>	<p>Watch the science show "Why is the Sky Blue" on YouTube with your child</p> <p>https://youtu.be/bcVr13Fv7w8</p>	<p>Preview the math activities here</p> <p>https://youtu.be/zl-ivCUA1E</p> <p>Decide which activities you and your child can do together</p>	<p>Listen for the rhyming words in the story Hey Little Ant.</p> <p>Write the rhyming words and have your child repeat those words.</p>	<p>Make but cream. Pi cream in container the lid of shake the cream tu</p>

Educational Activities provided each week.



Miami-Dade Head Start At-Home Activity Card

Goal: To develop small muscle control and coordination

There are many different things you can do with your Animal Crayons. Here are just a few:

- writing your name
- letters of the alphabet
- cture of yourself
- cture of your family
- cture of your friends.
- e and draw something you see
- cture and tell the story.
- s and words around the house them.



Tip: When you help your child write a letter, use words to describe the motion of the crayon. To write the letter E say, "pull down straight; slide right (3 times)"

ake a picture of your child using the Magic Board and send it to us at HeadStartInfo@MiamiDade.gov or tag us on Twitter at [#305CAHSD](https://twitter.com/305CAHSD) #HeadStartSavesTheDay

For more information from Miami-Dade County Head Start Please visit miamidade.gov/coronavirus or email HeadStartInfo@MiamiDade.gov



Miami-Dade Head Start At-Home Activity Card

Goal: To count, sort and create patterns

There are many different things you can do with your Counting Bears. Here are just a few:

- Count the Bears, make sure to point to each bear as you say the number.
- Sort the bears by color. Put all the red bears together, put the blue bears together
- Sort the bears by size, put all the small bears together, then put all the large bears together
- Make a pattern using the bears: yellow, green, yellow, green. Ask the child what color comes next?
- Make a different kind of pattern: Red, blue, blue, red, blue, blue. Ask the child what color comes next?



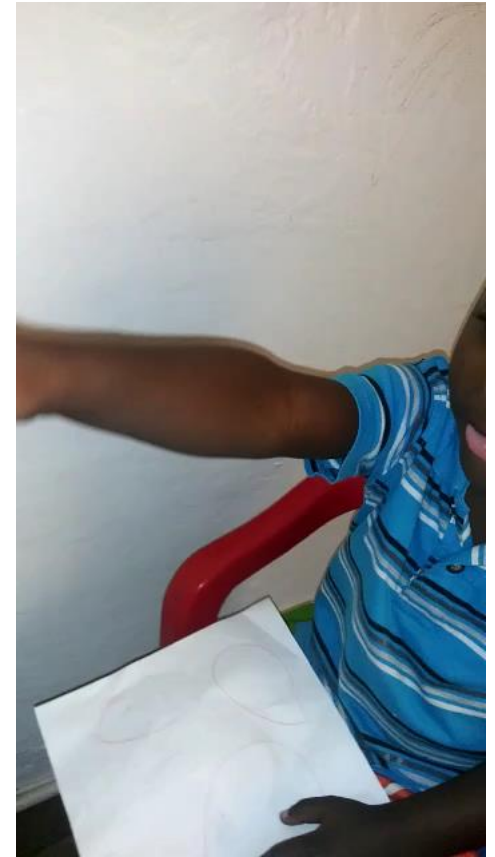
Take a picture of your child using the Magic Board and send it to us at HeadStartInfo@MiamiDade.gov or tag on Twitter at [#305CAHSD](https://twitter.com/305CAHSD) #HeadStartSavesTheDay

For more information from Miami-Dade County Head Start Please visit www.Miamidade.gov/coronavirus or email us at HeadStartInfo@MiamiDade.gov

Mindfulness Videos



Click on each Video to see all the great activities our Head Start and Early Head Start children are doing....



Miami-Dade Head Start & Early Head Start continues educational experiences at home. Children use STEM Kits to explore!

